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MAYFLOWER
PRIMARY SCHOOL

Executive Headteacher: Miss D Risley
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Monday $10^{\text {th }}$ January 2022

Dear Parents and Carers

## Changes to test procedures and isolation

## Self-isolation

From Tuesday $11^{\text {th }}$ January 2022, the guidance for Covid self-isolation will change. From this date if your child tests positive on an LFD test, they no longer require a PCR test to confirm the result so long as they have no symptoms. This will be Day 0 of their isolation.
Please note that anybody displaying symptoms must still take a PCR test.
If a household member tests positive then children no longer need to self-isolate; however, they should do a lateral flow test each morning before coming to school.

## Returning to school

Following a positive test (PCR or LFT), the child must then take an LFT on day 6 and day 7. These tests must be taken 24 hours apart and if both are negative then the child can return to school on day 8 , as long as they do not have a raised temperature.
Please inform school on Day 7 that your child will be returning on Day 8 - do not send your child to school without informing us first.

If the tests are positive on days 6 and/or 7, then the child can only return to school once two negative tests have been obtained on two consecutive days, or once the full 10-day isolation period has been completed, if sooner, returning to school on Day 11.

We realise that the frequent changes to guidance can be frustrating and confusing. If you have any queries, please contact us at school.

Hopefully this chart below will help too:

| 10 day self-isolation | Day of isolation |  | Ending self-isolation early using LFD tests |  |
| :---: | :---: | :---: | :---: | :---: |
| Self-isolation starts* | 0 | $\checkmark$ | Self-isolation starts* |  |
| Self-isolate | 1-5 | - | Self-isolate |  |
| Self-isolate | 6 | $\checkmark$ | LFD test is negativeLFD test is positive an LFD testContinue to self-isolateContinue to self-isolate |  |
| Self-isolate | 7 | - | Self-isolate <br> Take an LFD test $\mathbf{2 4}$ hours after the last one <br> LFD test is negative <br> Self isolation ends after this negative test** | Self-isolate <br> Take an LFD test 24 hours after the last one <br> LFD test is negative <br> Continue to self-isolate |
| Self-isolate | 8 | - |  | Self-isolate <br> Take an LFD test 24 hours after the last one <br> LFD test is negative <br> Self isolation ends after this negative test |
| Self-isolate | 9 |  |  |  |
| Self-isolate at 23.59 hours** | 10 |  | Day your symptoms started or your test was taken if you do not have symptoms |  |

Kind regards
brialyg
Miss Diane Risley
Executive Headteacher

* Day your symptoms started or your test was taken if you do not have symptoms
** You can stop self-isolating if you do not have a high temperature

