

## PE - Termly Update for Governors

The children have had a busy term of being active and working together throughout school in many successful PE sessions.

In P.E this term:

Years 3, 4, 5 and 6 have learnt the skills and rules needed to play football and tag rugby.


Years 1 and 2 have been developing their throwing and catching skills through their multi-skills unit. They have also been working on improving their health and well-being through the medium of yoga.

Year 5 Circuits – Children specifically selected for this additional session. The focus of these sessions are around the benefits of exercise both physically and mentally.

Weekly Sports Stars chosen and shared in celebration assembly each week – linked to school learning powers (be collaborative, be determined, be courageous and be responsible) and school values (health and well-being and leadership.)

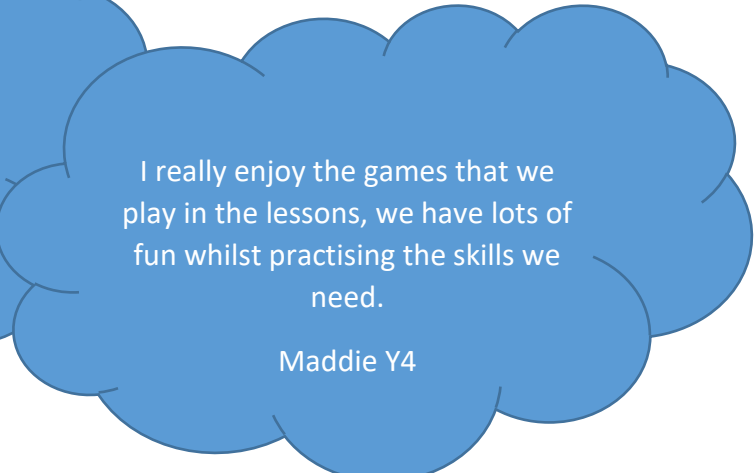
### Next Steps –

- 'Active Ambassadors' – In Spring term, children to work alongside First Step coaches to take responsibility for delivering playground games to the younger year groups.
- Children to have opportunities to represent our school through competitions in a broad array of sports and activities.
- Years 3, 4, 5 and 6 to learn the skills needed to play Netball and to compete in Sports Hall Athletics activities – linked to the competition calendar.
- Year 1 and 2 to do Invasion Games – focusing on the skills of attacking and defending.



I have really enjoyed learning the rules of tag rugby. I have also learnt about sportsmanship and how to be a good teammate.

Seth Y5



I really enjoy the games that we play in the lessons, we have lots of fun whilst practising the skills we need.

Maddie Y4