

# let's eat WEEK 3

(Weeks commencing 8<sup>th</sup> Nov 2021, 29<sup>th</sup> Nov 2021, 3<sup>rd</sup> Jan 2022, 24<sup>th</sup> Jan 2022, 21<sup>st</sup> Feb 2022 & 14<sup>th</sup> Mar 2022)



Poncaster  
Metropolitan Borough Council

Day	Main	Dessert
<b>Mon</b>	Quorn dippers & tomato ketchup Diced potatoes Mediterranean pasta Garlic slice Mixed salad & coleslaw Assorted wraps Jacket potato with tuna mayo or cheese	Cornflake Tart & Custard
<b>Tue</b>	Sausages & gravy Quorn roast & gravy Mash Yorkshire pudding Cauliflower & sliced carrots Assorted wraps Jacket potato with tuna mayo or cheese	Carrot cake & custard
<b>Wed</b>	Roast turkey, stuffing & gravy Vegetarian sausages & gravy Mash & roast potatoes Broccoli & sweetcorn Assorted wraps Jacket potato with tuna mayo or cheese	Chocolate & Orange Muffin
<b>Thur</b>	Spaghetti bolognese Garlic slice Ploughman's lunch Mixed salad Assorted wraps Jacket potato with tuna mayo or cheese	Mandarins in jelly
<b>Fri</b>	Fish Vegan roll Chips Garden or mushy peas Sweetcorn Assorted wraps Jacket potato with tuna mayo or cheese	Oaty cookie & Milkshake

Bread, fresh fruit and yogurts available daily

**IF YOUR CHILD HAS ANY SPECIFIC DIETARY REQUIREMENTS, PLEASE CONTACT THE SCHOOL OFFICE AS SOON AS POSSIBLE**